RESEARCH NEWSLETTER

RESEARCH CELL, 2ND FLOOR, PHARMACY BUILDING, SUMANDEEP VIDYAPEETH

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ISSUE 6

It is our pleasure to release the 6th issue of Research Newsletter. The theme of the present issue is "Biostatistics and its role in Research"

Biostatistics has played an indispensable role in all sort of biomedical research from sample size to data analysis in order to confirm the hypothesis. Biostatistics is also used to determine how diseases develop, progress and spread.

Research Cell aims to nurture research ecosystem in all constituent institutes through various research updates and discussion with faculty & researchers of Sumandeep Vidyapeeth. Research Cell believes that students, faculty and clinicians should come forward with hypothesis based research project.

Research Cell feels that this issue of Newsletter will update the faculty and researchers with regard to its activity and research design. Suggestions are always welcome to make this communication more meaningful.

- Director Research





"Research is what everybody has seen and to think what no body has thought." - (Albert Szent Gyorgyi)

Statistics play a crucial role in clinical trials and in the drug development process – from trial design to protocol development. Having a fundamental understanding of statistical issues can uphold the integrity of a clinical trial and improve communication.

Biostatistician Role

- ⇒ Protocol development
- ⇒ Data management
- ⇒ Study implementation
- \Rightarrow Data analysis
- ⇒ Report/manuscript writing

W. A. Walls defined Statistics as a body of methods for making wise decisions in the face of uncertainty.

According to Merriam-Webster, Biostatistics is defined as an innovative field that involves statistical processes and methods applied for the collection, analysis, and interpretation of biological data and especially data relating to human biology, public health, and medicine.

ROLE OF BIOSTATISTICS IN HEALTHCARE RESEARCH

- * Statistical methods and analyses are often used to <u>communicate research findings</u> and to <u>support hypothesis</u> and give <u>credibility to research methodology and conclusions</u>.
- Understanding of biostatistics allows the researcher to <u>evaluate the ultimate usefulness of</u> the information and <u>make appropriate decisions.</u>

Why is statistics necessary in medicine?

STATISTICS IN BIOMEDICAL RESEARCH

Carmen Cadarso-Suárez Biostatistics Unit, Department of Statistics and Operations Research, University of Santiago de Compostela, Spain

> Wenceslao González-Manteiga Department of Statistics and Operations Research, University of Santiago de Compostela, Spain

RESUMEN: La Bioestadística es hoy en día una componente científica fundamental de la investigación en Biomedicina, salud pública y servicios de salud. Las áreas tradicionales y emergentes de aplícación incluyen ensayos clínicos, estudios observacionales, fisología, imágenes, y genómica. Este articulo repasa la situación actual de la Bioestadística, considerando los métodos estadísticas usados tradicionalmente en inARBOR Ciencia, Pensamiento y Cultura CLXXXIII 725 mayo-junio (2007) 353-361 ISSN: 0210-1963



ABSTRACT: The discipline of biostatistics is nowadays a fundamenvital scientific component of biomedical, public health and health services research. Traditional and emerging areas of application include c clinical trials research, observational studies, physiology, imaging, co, and genomics. The present article reviews the current situation of biostatistics, considering the statistical methods traditionally used

http://arbor.revistas.csic.es/index.php/arbor/article/v iewFile/108/109&a=bi&pagenumber=1&w=100

APPLICATIONS







PMCID: PMC3657982 Int J Appl Basic Med Res. 2012 Jan-Jun; 2(1): 11-16. doi: 10.4103/2229-516X.96792 Application of biostatistics in research by teaching faculty and final-year postgraduate students in colleges of modern Design medicine: A cross-sectional study AD Gore, YR Kadam, PV Chavan, and GB Dhumale Author information Copyright and License information This article has been cited by other articles in PMC. Go to: 🖸 Abstract Biostatistics is well recognized as an essential tool in medical research, clinical decision making and health management. Deficient basic biostatistical knowledge adversely affects research quality. Surveys on this issue are uncommon in the literature.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3657982/

BMC Public Health

Wang et al. BMC Public Health (2016) 16/272 DOI 10.1186/s12889-016-2947-7

The health belief model and number of peers with internet addiction as interrelated factors of Internet addiction among

fanhong Wang¹, Anise M. S. Wu² and Joseph T. F. Lau^{34*}

NC, USA).

secondary school students in Hong Kong

exherable to Internet addiction (N), influences of cognitions based on th number of peers with IA (PIPA) affecting students' IA, and mediation it

The dependent variable was probable IA, defined as having a CIAS score >63 [63]. Chi-square test and t-test were

used to compare between-group gender differences on all useu to compare between group genuer unterences on an independent variables (including socio-demographic fac-

tors, HBM constructs, and PNPIA), and separate analyses were conducted for males and females. Spearman correl-

were conducted for males and remarks speatman conter-ation coefficients between PNPIA and the significant ation coefficients between FINELA and the significant scales that concurred with the HBM were presented. Uni-

variate odds ratios (ORu) were firstly derived for all inde-

pendent variables. Adjusted odds ratios (ORa) were then obtained for the HBM constructs and PNPIA by fitting

multiple logistic regression models, adjusted for all socio-

demographic variables that were found to be statistically

significant (p < 0.05) in the univariate analysis. Lastly, a multiple logistic regression model was fit to derive multi-

variate odds ratios (ORm) by entering PNPIA and those

scales that were significantly associated with IA and con-

curred with the HBM into the same model. The model was also adjusted for socio-demographic variables that

were found to be statistically significant in the univariate

analysis. Respective 95 % confidence intervals (CI) were

derived for all odds ratios presented in the report. Statis-

were conducted by using SAS 9.2 (SAS Institute, Cary,

Most medical studies consider an input, which may be a medical intervention or exposure to a potentially toxic compound, and an output, which is some measure of health that the intervention is supposed to affect. The simplest way to categorise studies is with reference to the time sequence in which the input and output are studied. The most powerful studies are prospective studies, and the paradigm for these is the randomised controlled trial. In this subjects with a disease are randomised to one of two (or more) treatments, one of which may be a control treatment. Methods of randomisation have been described in Chapter 3. The importance of randomisation is that we Imow in the long run treatment groups will be balanced in known and unknown prognostic factors. It is important that the treatments are concurrent - that the active and control treatments occur in the same period of time.

OURNAL OF

Severe non-traumatic bleeding events detected by computed

tomography: do anticoagulants and antiplatelet agents have a

The statistics were computed using STATA V10 software (Stata Corp, Colleg

USA). Data are expressed as frequencies and associated percentages for categ

The categorical data from the two treatment groups were compared using the

(or Fisher's exact test, if necessary). Continuous data were compared using St

the Kruskal-Wallis test, if necessary), normality was verified by the Shapiro-'

The risk ratio, for patients who received AC or APA, for a cerebral hemorrha

cerebral herniation, a rectus sheath, iliopsoas bleeding, or a quadriceps hemat

ARDIOTHORACIC SURGERY

PMCID: PMC4200130

http://www.bmj.com/about-bmj/resourcesreaders/publications/statistics-square-one/13-study-design-andchoosing-statisti

In many ways the design of a study is more important than the analysis. A badly designed study can never be retrieved, whereas a poorty analysed one can usually be reanalysed. (1) Consideration of design is also important because the design of a study will govern how the data are to be analysed.

Role of Biostatistics in Medical Research

Journal List > J Cardiothorac Surg > v.9; 2014 > PMC4200130

J Cardiothorac Surg. 2014; 9: 166

Statistical analyses

C

were found to be 95 % confidence in the report. States analysis. Respective 95 % confidence in the report. States derived for all odds ratios presented in the report. States derived for all odds ratios presented as p < 0.05 and all analyses tical significance was defined as p < 0.05 Institute, Cary, ical significance was defined as p < 0.05 Institute, Cary,

BioMed Central

Published online 2014 Oct 15. doi: 10.1186/s13019-014-0166-9

means \pm standard deviations for continuous data.

homoscedasticity by the Fisher'Snedecor test.

with their corresponding 95% confidence intervals.

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13. Study design and choosing a statistical test | The BMJ

TYPES OF BIOSTATISTICS

- **1. Descriptive Statistics:** It describes the relationship between variables
- 2. Inferential Statistics: It makes inferences about the population, based on random sample

VARIABLES

All experiments examine some kind of variable (s). A variable is not only something that we measure, but also something that we can manipulate and something we can control for.



1. Dichotomous variable:

Dichotomous variables are nominal variables which have only two categories or levels.

For example, if we were looking at gender, we would most probably categorize somebody as either "male" or "female".

2. Ordinal variable :

Ordinal variables are variables that have two or more categories just like nominal variables only the categories can also be ordered or ranked.

So if you asked someone if they liked the policies of the Democratic Party and they could answer either "Not very much", "They are OK" or "Yes, a lot" then you have an ordinal variable.

3. Nominal variable :

Nominal variables are variables that have two or more categories, but which do not have an intrinsic order.

For example, a real estate agent could classify their types of property into distinct categories such as houses, condos, co-ops or bungalows. So "type of property" is a nominal variable with 4 categories called houses, condos, co-ops and bungalows.

4. Range :

Range is defined simply as the difference between the maximum and minimum observations.

For example, In $\{4, 6, 9, 3, 7\}$ the lowest value is 3, and the highest is 9, so the range is 9 - 3 = 6.

5. Continuous variable :

Continuous variables are numeric variables that have an infinite number of values between any two values. A continuous variable can be numeric or date/time.

For example, the length of a part or the date and time a payment is received.

6. Discrete variable :

Discrete variables are numeric variables that have a countable number of values between any two values. A discrete variable is always numeric.

For example, the number of customer complaints or the number of flaws or defects.

7. Interval variable :

Interval variables are variables for which their central characteristic is that they can be measured along a continuum and they have a numerical value

For example, the number of customer complaints or the number of flaws or defects. So the difference between 20C and 30C is the same as 30C to 40C. However, temperature measured in degrees Celsius or Fahrenheit is NOT a <u>ratio</u> variable.

8. Ratio variable :

Ratio variables are interval variables, but with the added condition that 0 (zero) of the measurement indicates that there is none of that variable. The name "ratio" reflects the fact that you can use the ratio of measurements.

For example, a distance of ten meters is twice the distance of 5 meters.

Upcoming Workshops on Statistics

 Workshop on multivariate regression modeling Date: 26-30 March, 2018
 Venue: Department of Statistics, HIMS, Swami Rama Himalayan University, Uttarakhand



 Workshop on Statistical Modeling using Health Data
 Date: 23-27 April, 2018
 Venue: Department of Statistics, HIMS, Swami Rama Himalayan University, Uttarakhand



HYPOTHETICAL TEST

- To make the generalization about the population from the sample, statistical tests are used. A statistical test is a formal technique that relies on the probability distribution, for reaching the conclusion concerning the reasonableness of the hypothesis. These hypothetical testing related to differences are classified as parametric and nonparametric tests. The **parametric test** is one which has information about the population parameter. On the other hand, the **nonparametric test** is one where the researcher has no idea regarding the population parameter.
- The parametric test is the hypothesis test which provides generalizations for making statements about the mean of the parent population.
- The nonparametric test is defined as the hypothesis test which is not based on underlying assumptions, i.e. it does not require population's distribution to be denoted by specific parameters.





Difference between Parametric and Non - Parametric Test

	Parametric	Non Parametric
Distribution	Normal/Gaussian	Any
Assumed Variance	Homogeneous	Any
Type of Data	Quantitative	Qualitative
Data Set Relationship	Independent	Any
Measure of Central Tendency	Mean	Median
Correlation Test	Pearson	Spearman
Independent Measures, 1 Condi- tion, 2 Group	Independent t test	Mann-Whitney Test
Independent Measures, 1 Condi- tion, > 2 Group	One Way ANOVA	Kruskal-Wallis Test
Related measures, 2 Conditions, 1 Group	Paired T Test	Wilcoxon Test
Related measures, > 2 Conditions, 1 Group	Repeated Measures ANOVA	Friedman's Test

How to choose statistical test for your study?

Number of	Number of Inde-	Nature of Dependent	Varia-	Test (s)
Dependent	pendent Variables (IV)	ble (s)		
Variables		Interval & Normal		One-Sample T-Test
1	0 IVs (1 population)			One-Sample Modian
		Catagorical (2 Catagorias)		
				Chi-Square Goodness-Of-Fit
	1 IV with 2 levels (independent groups)	Interval & Normal		2 Independent Sample 1-Test
1		Ordinal Or Interval		
		Categorical		
				Fisher's Exact Test
	1 IV with 2 or more levels	Interval & Normal		One-Way ANOVA
1 (indep	(independent groups)	Ordinal Or Interval		Kruskal Wallis
	(Categorical		Chi-Square Test
1 IV with 2 leve 1 (dependent/m	4 November 2 Januaria	Interval & Normal		Paired T-Test
	1 IV with 2 levels	Ordinal Or Interval		Wilcoxon Signed Ranks Test
	(dependent/matched groups)	Categorical		Mcnemar
		Interval & Normal		One-Way Repeated Measures ANOVA
1	1 IV with 2 or more levels	Ordinal Or Interval		Friedman Test
	(dependent/matched groups)	Categorical		Repeated Measures Logistic Regression
		Interval & Normal		Factorial ANOVA
1	2 or more IVs (independent	Ordinal Or Interval		Ordered Logistic Regression
	groups)	Categorical		Factorial Logistic Regression
		Interval & Normal		Correlation
				Simple Linear Regression
1 1 interval IV	1 interval IV	Ordinal Or Interval		Non-Parametric Correlation
		Categorical		Simple Logistic Regression
				Multiple Regression
1 or more interval IVs and 1 more categorical IVs	1 or more interval IVs and/or 1 or	Interval & Normal		Analysis Of Covariance
	more categorical IVs			Multiple Logistic Regression
		Categorical	Categorical	Discriminate Analysis
	1 IV with 2 or more levels	Interval & Normal		One-Way MANOVA
2+	(independent groups)			
	2+	Interval & Normal		Multivariate Multiple Linear Regression
	0	Interval & Normal		Factor Analysis
2 sets of 2+	0	Interval & Normal		Canonical Correlation

RESEARCH UPDATES

1. Training Course on Biostatistics

Division of Epidemiology and Biostatistics, National Institute of Cancer Prevention and Research (ICMR), Noida, UP has organized short term courses on Research Methodology and Bio-statistical Analysis on March-April-May, 2018.

http://www.icmr.nic.in/icmrnews/workshop/BETC%202018.pdf

2. Call for Proposals



A. Call for proposal on Vitamin D deficiency

http://www.dbtindia.nic.in/call-proposals-on-vitamin-d/#

Call for R &D Proposals on "Vitamin D deficiency in India: Public Health Significance and interventions" (Last date: 22/03/2018)

Rationale: Vitamin D deficiency [VDD] is prevalent globally and the data for last two decades suggests that it may be widespread in India as well. VDD is essential for bone health, and has a role in calcium homeostasis. Recent evidence suggests potential non- skeletal effects, which has led to increased interest in public health significance of VDD in the Indian context notwithstanding abundant sunshine. Worldwide naturally occurring dietary sources of VD are limited and most individuals obtain their VD from cutaneous sun exposure. In view of the recent reports of escalating burden of biochemical VDD and its known skeletal and potential extra-skeletal effects, the Department of Biotechnology proposes to support research on its public health significance and potential interventions to address this malady. **R & D Proposals** are invited in the following thrust areas:

2. Indo-Swiss Joint Research Programme (ISJRP)

http://www.dbtindia.nic.in/indo-swiss-joint-research-programme-2018-19/#



Opening date: 15/01/2018 Closing date: 16/04/2018

SwarnaJayanti-Fellowships-Scheme-2017-18 0.pdf

The Indo-Swiss Joint Research Programme (ISJRP) was initiated by the Indian and Swiss govern-ments in 2005 in order to further advance the bilateral cooperation in scientific and technological areas of strategic relevance to both countries. The programme supports cutting-edge research that brings together faculty and young researchers from Switzerland and India. The current ISJRP call for Joint Research Projects (JRPs) is financed by the Swiss State Secretariat for Education, Re-search and Innovation (SERI) in Switzerland and the Department of Biotechnology (DBT) in India on the principles of reciprocity, parity and activity-matching funding.

The Swiss National Science Foundation (SNSF), mandated by the SERI, and the Department of Biotechnology (DBT) in India jointly launch the call for Joint Research Projects (JRPs), organise the evaluation of the submitted proposals and monitor the funded projects.



http://www.dst.gov.in/sites/default/files/callforproposal-03.pdf

HEALTH WJZARD



1. FDA approves shock wave device to treat diabetic foot ulcers

The FDA has approved the Dermapace System for treatment of chronic, full-thickness diabetic foot ulcers. The Dermapace System is To advance the healing process, Sanuwave Inc.'s Dermapace System intended to be used for treatment of chronic, full-thickness diabetic foot ulcers with wound areas. The device is an external (extracorporeal) shock wave system that uses pulses of energy to mechanically stimulate the wound.

https://www.clinicaladvisor.com/diabetes-resource-center/fda-approvesdermapace-system/article/735609/

Healing diabetes foot ulcers

sends 500 acoustical shock waves into the wound to awaken blood cells, improve blood flow and generate growth hormones.



2. Caffeine and Parkinson disease: A possible diagnostic and pathogenic breakthrough



Most cases of Parkinson disease (PD) over age 50 are sporadic, and twin studies strongly suggest a predominance of environmental over genetic etiologies. However, few factors have been found consistently in epidemiologic studies to have major effects, protective in all cases: smoking, urate and caffeine consumption. The protective effect of caffeine (found not only in coffee, but also in tea, and some sodas) has been demonstrated in large prospectively followed populations of men, with a dramatic reduction in risk (up to fivefold for persons who drank more than 4 cups of coffee a day). Decaffeinated coffee afforded no protection, pointing to caffeine rather than other substances in coffee or tea as the underlying pharmacologic agent. https://sci-hub.tw/10.1212/WNL.00000000004898

3. A unique treatment for breast cancer: laser surgery

Instead of using a scalpel to cut and remove a cancer tumor, doctors use a carbon dioxide laser. When the intense beam of light touches tissue- breast or otherwise it causes the tissue to vaporize. Vaporize the tissue in order to make incision like knife would but at the same time it's sealing the lymphatic and blood vessels so there is no bleeding and little to no spreading.

> http://www.foxnews.com/health/2016/11/03/uniquetreatment-for-breast-cancer-laser-surgery.html



4. India's cancer cases are far lower than western countries, yet death rates are higher

India's cancer graphs tell two distinct stories. The first holds out hope as India's cancer incidence is far lower than developed nations such as Denmark and the US. If cancer strikes over 300 out of every 100,000 population in Denmark, the corresponding number in India hovers around 80. But the second Indian cancer story is worrisome: cancer manages to get the upper hand in almost 70% of cases in India. A study in medical journal, The Lancet, in 2014 indicated only 30% of India's cancer patients survive for over five years.

<u>https://epaper.timesgroup.com/olive/apa/timesofindia/#panel=document</u> <u>https://timesofindia.indiatimes.com/city/hyderabad/indias-cancer-cases-far-lower-than-those-in-the-west-</u> yet-death-rate-higher/articleshow/62550136.cms



Gene drive technology to combat malaria

Mosquitos are A gene editing system In the wild, a gene genetically modified (CRISPR) is used to drive could rapidly to produce produce a gene drive. spread through an antibody This ensure mosquitos an entire mosquito that neutralises pass the parasite m population, raising the malaria resistance genes to hopes of eradicating parasite 99% of their offspring the malaria parasite

Gene drives can also be programmed to wipe out mosquitos, not just the parasites they carry. Critics say the engineered genes could spread to other organisms and alter entire ecosystems

Malaria worldwide	= 216 million cases	445,000 deaths	Africa: 90% of cases
(2016)	in 91 countries	70% in children under 5	91% of deaths
Sources: Nature, PNAS, Univer	sity of California, WHO,		© AFP

5. Gene editing could soon combat malaria

Gene Editing a discovery made only five years ago, is now used in labs all over the world. As investments rapidly grow, there is every possibility a gene drive, a form of gene editing, could wipe out diseases such as malaria. Gene drives manipulate genes of plants and animals with the idea that the tech could soon be used to treat human diseases. Though crucial, gene drives remain controversial for their potential to spread to other species and alter entire ecosystems. Scientists are cautious about ramifications, seeking thorough scrutiny for the potential environmental dangers.

> https://epaper.timesgroup.com/olive/apa/timesofindia/ #panel=document

https://timesofindia.indiatimes.com/home/science/how-geneediting-could-soon-combat-malaria/

NEWS UPDATE OF PREVIOUS RESEARCH THEME





Taking antibiotics when they are not needed accelerates emergence of antibiotic resistance, one of the biggest threats to global health

You can help reduce antibiotic resistance



Antibiotic resistant infections can lead to longer hospital stays, higher medical costs and more deaths



i PARAi

Antibiotic resistant infections can affect anyone, of any age, in any country



Always follow the advice of a qualified health care professional when taking antibiotics



When bacteria become resistant to antibiotics, common infections will no longer be treatable



Overuse of antibiotics can cause bacteria to become resistant, meaning current treatments will no longer work



It is the bacteria itself not the person or the animal – that becomes resistant to antibiotics





BIOSTASTICS QUIZ

- When you read scientific literature, do you know whether the statistical tests that were used were appropriate and why they were used?

 A. Always
 B. Mostly
- C. Rarely
- D. Never
- 2. Which of the following statements are true?
 - A. The p-value is the probability of the sample data arising by chance.
 - B. The p-value is an arbitrary value, designated as the significance level.
 - C. The p-value is the chance of getting an observed effect if the null hypothesis was false.
 - D. The p-value is the chance of getting an observed effect if the null hypothesis was true.
 - E. A very small p-value allows us to say that there is enough evidence to accept the null hypothesis.
- 3. Answer true or false for the following statements: The 95% confidence interval for the mean:
 - A. Contains the sample mean with 95% certainty.
 - B. Is less likely to contain the population mean than the 99% confidence interval.
 - C. Contains 95% of the observations in the population.
 - D. Is approximately equal to the sample mean plus and minus two standard deviations
 - E. Can be used to give an indication of whether the sample mean is a precise estimate
- 4. With a case control study design
 - A. We can study many different outcomes
 - B. We must begin with disease free group of individuals
 - C. It is easy to study diseases that have a long latency
 - D. We can establish the timing of exposure and disease
- 5. If γ is the correlation coefficient between x and y, then correlation coefficient between 2x and 3y+2 is
 - Α. γ

- Β. 2γ
- C. 3γ+2
- D. 6γ+2



9. A statistical term that describes the amount of spread in a data set:

- A. Probability
- B. Median
- C. Standard Deviation
- D. Variance

For answers, please turn the page



"Statistics say that religious people live longer, so I practice a different religion every day of the week to be sure I'm covered."



Excellent health statistics - smokers are less likely to die of age related illnesses.'



Our Special Thanks to

Ms. Nimisha Patel L Mr. Ronak Shah

For support in shaping the content

Quiz Answers 1. A 2. B & D 3. All are false except B & E 4. C 5. A 6. C 7. B 8. A 9. D Justification of question 3: A. False: it contains the population mean with 95% certainty. It always contains the sample mean. B. True C. False: In repeated samples, around 95% of the 95% confidence intervals (CI) will contain the population mean. Another way to think about 95% CI is if the same study were repeated 100 times then the mean of 95 of these 100 studies would lie somewhere within the 95% CI. D. False: is approximately equal to ± two standard errors about the sample mean.